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I never thought much about traveling when I was younger. Like many, I assumed it meant taking one big "beach vacation" each year and spending the rest of the year working until the next trip rolled around. It never crossed my mind that travel could involve adventure or even blend with work in meaningful ways.

Fast forward to after I had my second child—I decided to join a friend on a trip to visit her daughter in Colorado. Until then, I hadn't considered walking in the mountains, but during that trip, I realized it was exactly what I loved and exactly what I needed. That experience helped me discover so much about myself and sparked the idea of sharing this joy with others.

A year or so later, with several adventures in between, my husband was accepted into a study abroad program at Queen Mary's in London, England. We started with four weeks in France, traveling with two toddlers while I was six months pregnant with our third child. We then spent four weeks in London, where we essentially continued our life as usual—just without childcare!

That experience was transformative for me. While my husband attended classes, I navigated much of the second half of the trip alone with our kids. Every day, I would take them on little adventures throughout London, using the subway to explore the city. During their afternoon naps, I worked remotely, as it coincided with U.S. working hours. It was an amazing experience, but more importantly, it gave me the confidence to plan and manage trips—especially those with just adults—with much greater ease.

After my third baby was born, I knew it was time to launch the first season of *We Adventure*! Our first two trips were a huge success, and it became clear that we needed to expand our offerings. My husband, who is incredibly adventurous (check out his bio!), inspired us to introduce new trip formats, including a men's trip and a couples' trip.

Outside of travel, my husband and I co-own several businesses and share a passion for fitness. Staying active is a big part of our lifestyle, and we love involving our kids in it, too. Our three boys are energetic and always on the go, so when we're not working, you can find us outdoors, at playgrounds, or even wrestling in the most random places.

I'm so excited to share these adventures with you and help you discover the joy of exploring, just as I have!